

# ROISTER'21: REJUVENATING MENTAL HEALTH

## “Pull Up Your ~~Soeks~~ Masks”

**Organized By:** Department of Business Economics

**Date of the event:** 18th-21st February 2021

**Location of the event:** Aryabhata College, University of Delhi

Roister is an annual inter college team building sports event organized by the Department of Business Economics, Aryabhata College, University of Delhi. All the ten colleges under University of Delhi which offer BA (Hons.) Business Economics as a course participate in this four-day long fun filled extravaganza.

This year, our focus was more towards mental health than physical. After an uneventful year which induced lethargy and anxiety, Roister'21 was a breath of fresh air. It successfully fulfilled our aim of bringing students out of the shell while maintaining all the safety norms.

Like every year, all the participants were enthusiastic and more than ready to participate in different sports and team building games.

Although, there were many challenges due to the ongoing pandemic but the event was smoothly conducted keeping in mind the safety precautions. The entry of participants in the college premises was strictly regulated with proper social distancing and minimum physical contact even while playing.

It was definitely a new experience and the diligent and consistent work rendered by the students of Department of Business Economics of Aryabhata College made this event a success. The students of the other colleges who attended this event expressed their satisfaction and gratitude at the conclusion of this event for the warm hospitality offered by the organising team. More than just a successful event, the overall winner's trophy was also bagged by Aryabhata College!







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